



PREGNANT BY CHOICE

Pregnant By Choice is a Wyoming Department of Health program, that offers family planning services to new moms who are losing Wyoming EqualityCare (Medicaid) benefits at the 60-day postpartum period.

Family planning services help women reduce the number of closely spaced pregnancies and decrease unintended pregnancies. This can lead to healthier babies, better birth outcomes and improved child health.



The Wyoming Department of Health is the primary State Agency for providing health and human services. It administers programs maintaining the health and safety of all citizens of Wyoming.

Mission

We envision a Wyoming in which all citizens are able to achieve their maximum health potential: a Wyoming in which early intervention, wellness, health promotion, and health maintenance programs are the primary approach for solving health problems: a Wyoming in which at-risk citizens receive culturally appropriate and sensitive services: a Wyoming in which we and future generations are healthy, vital, and productive so as to seize the opportunity to live our individual dreams and enjoy the benefits of our bountiful resources and natural beauty.

Have Questions?

To see if you are eligible, contact your local Department of Family Services (DFS) Office.

If you have questions about what services are covered by **Pregnant By Choice**, call ACS at 1-800-251-1269.

EqualityCare

6101 Yellowstone Road, Suite 210
Cheyenne, WY 82002

Website: <http://wdh.state.wy.us/healthcarefin/index.html>



A Family Planning Program
for Women ages 19—44



- **Pregnant By Choice** provides pregnancy planning services to women who have received Medicaid benefits through the Pregnant Women program.
- This program extends birth control options to women who would typically lose their Medicaid benefits two months after giving birth.



SERVICES YOU CAN GET WITH PREGNANT BY CHOICE



Free birth control services

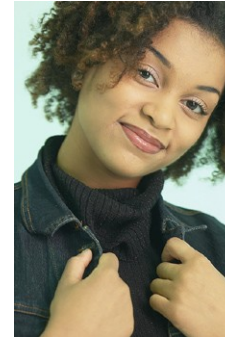
- Education about reproductive health, abstinence and methods of birth control.
- Initial physical exam and health history, including a pap smear and testing for sexually transmitted infections.
- Annual follow-up exam for reproductive health/family planning purposes, including a pap smear and testing for sexually transmitted infections when indicated. Follow up office visits related to family planning.
- Necessary family planning/reproductive health-related laboratory procedures and diagnostic tests.
- Contraceptive management including prescriptions, devices and supplies insertion implantation, or injection of contraceptive drugs or devices.
- Removal of contraceptive devices.
- Sterilization services and related laboratory services (when properly completed sterilization consent form has been submitted) and medications required as part of a procedure done for birth control purposes.



WHO IS ELIGIBLE?

A woman is eligible if she:

- is transitioning from the **Pregnant Women Program**, and
- is age 19 through 44, and
- is a U.S. Citizen, and
- is a Wyoming Resident, and
- is not eligible for another Medicaid program, and
- doesn't have health insurance, and
- must not have had a medical procedure to prevent pregnancy, and
- has an income less than or equal to 133% of the Federal Poverty Level.



How do I apply for the **Pregnant By Choice** Program?

Within **60 days** of giving birth, the Department of Family Services (DFS) will send you a review form to determine if you are eligible for continued Medicaid benefits including the **Pregnant By Choice Program**. It is important that you complete the form and return it to DFS for processing.



WHO CAN PROVIDE SERVICES?

Family Planning Clinics

- Primary Care Physicians (MDs and DOs) in public and private practice
- Certified Nurse Midwives
- Nurse Practitioners
- Physician Assistants
- Pharmacies
- Laboratories
- Outpatient Departments of Hospitals (as appropriate)
- Federally Qualified Health Centers
- Rural Health Clinics
- Indian Health Services



Family Planning can help you and your family have a better life.

- Mothers and babies have a better chance of being healthy.
- Parents can better provide for their family, both financially and emotionally.
- Children get more time and attention.

